

# Two-day Workshop: Weaving networks of hope: Bringing together families, practitioners and communities

26 - 27 August 2016

## Workshop Description

How can we bring together families, practitioners and communities in order to assist people to overcome problems they are facing?

In this workshop, Glenda Fredman from the UK will describe practices that she has evolved with colleagues over the past twenty years for working with networks to create therapeutic opportunity.

Inspired by Tom Andersen's descriptions of Jaakko Seikkula's consultation work with large systems including family, community and services, Glenda began inviting to meetings the referred persons, their families, ward staff involved in their care. These '**network meetings**' not only **created opportunities for enhanced communication** between the referred person, their families and practitioners and **facilitated coordinated and collaborative future planning** among the different people involved; in most situations, they also offered therapeutic opportunities for all who participated.

In most situations clients give very **positive feedback** to family or staff about these meetings, reporting that they feel 'listened to', 'understood', 'supported', 'taken seriously'. And family members report feeling 'more hopeful'.

### This workshop would be relevant for:

- therapists,
- counsellors,
- community workers and
- people working in public health, mental health, social work and/or education sector

This workshop will train participants in **how to 'conduct' and 'weave' these networks of hope.**

## About the Facilitator

### Glenda Fredman (UK)

Glenda is a clinical psychologist and systemic psychotherapist, trainer, supervisor and consultant in systemic and narrative practice. She currently works within the National Health Service in London UK where she works at all levels of organisations with service users in therapy, with staff in training and with teams and organisations in consultation. Her practice is informed by systemic, narrative and appreciative approaches.

Glenda is committed to enabling systemic and ethical practice within public services. She has introduced 'resource-full' or 'social network' based practices in medical, mental health and social care contexts with children, adolescents, older people and people affected by intellectual disability and their families.

Glenda is the author of 'Death Talk: Conversations with Children and Families' (Karnac); Transforming Emotion: Conversations in Counselling and Psychotherapy](Wiley) and co-editor of 'Being with Older People: A Systemic Approach' (Karnac) and 'Working with Embodiment in Supervision: A Systemic Approach' (Routledge).

It is also possible to find out more about Glenda by visiting [www.taosinstitute.net/glenda-fredman-phd](http://www.taosinstitute.net/glenda-fredman-phd) or [www.dulwichcentre.com.au](http://www.dulwichcentre.com.au) and clicking on "Free Video presentations" where she has a presentation entitled "Co-ordinating stories in therapeutic conversations."

## Workshop Information

<b>Date:</b>	26 – 27 August 2016 (Friday – Saturday)
<b>Time:</b>	9:30 a.m. – 4:30 p.m. (Registration at 9:00 a.m.)
<b>Venue:</b>	WLB109 Hong Kong Baptist University Kowloon Tong
<b>Fees:</b>	Regular: HK\$1,200 Early Bird: HK\$1,100 (on or before 26 July 2016) Member of BU SW Alumni Association: HK\$960
<b>Enquiry:</b>	Tel: (852) 3411 7143 (Ms Mandy Lee) Fax: (852) 3411 6628 Email: cyrp@hkbu.edu.hk
<b>Remarks:</b>	<ol style="list-style-type: none"> <li>1. Applications will be automatically accepted (on a first-come-first-serve basis) unless the quota is full, and in that case applicants will be notified.</li> <li>2. Fees are non-refundable.</li> <li>3. If Storm Warning Signal No.8 or above, or Black Rainstorm Warning Signal is hoisted, the workshop will be rearranged. Details of postponement or other arrangements will be announced afterwards.</li> <li>4. Receipts of application fees will be issued on the first day of Workshop.</li> </ol>

For registration, please send the registration form together with a cheque made payable to “Hong Kong Baptist University” to:



**Centre for Youth Research and Practice**

**Rm. AAB1315**

**Academic and Administration Building**

**Hong Kong Baptist University**

**Kowloon Tong**

**(Re: Two-day Workshop - Weaving networks of hope: Bringing together families, practitioners and communities)**

**Two-day Workshop:  
Weaving networks of hope: Bringing together families, practitioners and communities  
(26 & 27 August 2016)**

~ Registration Form ~

Dr.     Mr.     Mrs     Ms     Miss    Surname: \_\_\_\_\_  
 Given Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Organization: \_\_\_\_\_

Correspondence Address: \_\_\_\_\_

Tel. No.: \_\_\_\_\_ Fax No.: \_\_\_\_\_

Email: \_\_\_\_\_

Please put a "✓" in the box, as appropriate:

Early Bird — HK\$1,100 (on or before 26 July 2016)

Regular — HK\$1,200

Members of BU SW Alumni Association — HK\$960

BU SW current staff / student:

Programme: \_\_\_\_\_ Year \_\_\_\_\_ Student No. \_\_\_\_\_

Payment HKD \_\_\_\_\_ of Cheque # \_\_\_\_\_ of

\_\_\_\_\_ Bank (Payable to "**Hong Kong Baptist University**")

~ Thank you for your application ~

- Official Use -

Date received: \_\_\_\_\_ (A/P) Reg. No. \_\_\_\_\_

Remark: \_\_\_\_\_