

NARRATIVE APPROACHES TO RESPONDING TO COLLECTIVE TRAUMA (Online) June 2020

Introduction

A narrative approach to trauma would suggest that “*No one is a passive recipient to trauma*”. Regardless of the nature of the trauma people *always respond*. Even when distressing and traumatic events are ongoing, people often still take steps to try to modify the effects on their lives in some way. This online programme will focus on double-storied accounts – stories of effects of collective trauma and ongoing hardship ‘and’ stories that co-discover individuals, groups and communities values, skills in living, acts of resistance, hopes, dreams, skills in escaping, acts of survival, creative responses and more.

This online training (**pre-recorded videos**) will be offered in 3 parts totalling 12 hours in narrative practice training (**10 hours online training and 2 hours of practice exercises**). It will be geared to a diverse range of practitioners who are interested in finding hopeful and helpful ways of responding to collective trauma. It will be suitable to those who have an existing knowledge of Narrative Therapy and the avid beginner. If you are a newcomer to narrative ideas we suggest visiting the ‘What is Narrative Practice’ online course to learn about The Narrative Metaphor.

Part 1

(3.5-hour video + 0.5-hour exercise)

- Charter of Storytelling Rights
- No one is a passive recipient to trauma
- Co-discovering responses and acts of resistance to injustice, violence, distress, despair and more
- Double-listening to stories of hope and despair
- Exploring people’s knowledge & skills of sustainment

Part 2

(3-hour video + 0.5-hour exercise)

- Searching for hopes from individual to a broader level
- Externalizing effects of collective trauma such as anger, rage, grief, despair, fear and dissociation
- Responding to young persons who have engaged with violence
- Collective responses to ongoing trauma
- Supporting people in times of social unrest - how narrative practices can relevant/helpful

Part 3

(3.5-hour video + 1-hour exercise)

- Responding to families in conflict
- Establishing trust with people suffering from the effects of trauma
- Collective Narrative Practice
- Creating collective documents as a response to collective trauma

Remarks:

1. Successful applicants will receive an email for confirmation and receive the video and exercise links by **10 June 2020**. Participants should finish the videos and exercises by 15 July 2020, all links will be removed after the date.
2. An e-certificate will be issued when participants finish the evaluation form by 15 July 2020.
3. Participants will engage in a collective narrative practice exercise by answering questions about their skills and knowledge of responding to social unrest in Hong Kong by 15 July 2020. Answers will be collected voluntarily and anonymously to a document titled ‘Responding to social unrest: Skills and knowledge of workers in Hong Kong supporting those on the front-line’. The information will be sent to Angel, the facilitator, who will create the collective practice document. Upon completion of the document, a copy will be emailed to applicants for a retelling purpose.

About the facilitator

Angel Yuen, MSW

is the director of the Narrative Therapy Centre of Toronto. She also is a member of Dulwich Centre international faculty in Adelaide, Australia. A significant part of Angel’s work has been alongside persons of all ages who have been experiencing the effects of trauma within communities experiencing suffering and hardship. In her teaching and training roles in several countries she has had the privilege of sharing double-storied accounts that honour the injustices that many of them have experienced as well as their skills, knowledge, acts of resistance and responses. Angel’s most recent publication is the 2019 book titled ‘Pathways beyond despair: Re-authoring lives of young people through narrative therapy’.



**Online workshop:
Narrative approaches to responding to collective trauma
(June 2020)**

~ Registration Form ~

Dr. Mr. Mrs Ms Miss Surname: _____
 Given Name: _____
 Occupation: _____
 Organization: _____
 Tel. No.: _____ Fax No.: _____
 Email: _____

Please put a "✓" in the box, as appropriate:

BU SW current staff / student:

Programme: _____ Year 1 / 2 / 3 / 4 Staff / Student No. _____

Regular — HK\$200

Payment HKD\$ _____ of Cheque # _____ of

_____ Bank (Payable to "**Hong Kong Baptist University**")

~ Thank you for your application ~

Please send the application form along with the cheque to the following address:

Centre for Youth Research and Practice
AAB1315, Academic and Administration Building,
Hong Kong Baptist University, Kowloon Tong

(*For internal application, please send your application by email to cyrp@hkbu.edu.hk***)**

- Official Use -

Date received: _____ (A/P) Reg. No. _____

Remark: _____